

# What's happening in the news this week?



**Let's have a look at this week's poster!**

**29th January - 4th February 2024**





**Is fashion  
important?**







## Let's look at this week's story

A new BBC television programme, called Style It Out, gives nine young promising fashion designers from all over the UK the chance to compete in designing different outfits. The winner will have their clothes showcased at London Fashion Week. The main focuses of the challenge are creativity and sustainability, with the contestants having to use second-hand materials. As people's awareness of the impact of fast fashion increases, sustainable clothing is becoming more at the forefront of shoppers' minds.



Learn more about this week's story [here](#).  
Watch this week's useful video [here](#).  
This week's Virtual Picture News [here](#).



# How does it make me feel?



## sad

despondent  
disconsolate  
dismal  
doleful  
downhearted  
forlorn  
gloomy  
melancholic  
miserable  
woeful  
wretched

## angry

aggrieved  
annoyed  
discontented  
disgruntled  
distressed  
exasperated  
frustrated  
indignant  
offended  
outraged  
resentful  
vexed

## happy

beaming  
buoyant  
cheery  
contented  
delighted  
enraptured  
gleeful  
glowing  
joyful

## confused

addled  
baffled  
bemused  
bewildered  
disorientated  
indistinct  
muddled  
mystified  
perplexed  
puzzled

## excited

animated  
elevated  
enlivened  
enthusiastic  
exhilarated  
exuberant  
thrilled

## worried

agitated  
anxious  
apprehensive  
concerned  
disquieted  
distraught  
distressed  
disturbed  
fretful  
perturbed  
troubled  
uneasy

## overwhelmed

engulfed  
inundated  
overburdened  
overloaded  
saturated  
submerged  
swamped

## afraid

alarmed  
apprehensive  
daunted  
fearful  
frantic  
horrified  
petrified  
terrified

## guilty

ashamed  
compunctious  
contrite  
culpable  
penitent  
responsible  
rueful

## jealous

bitter  
covetous  
desirous  
envious  
envying  
resentful  
wary

## thankful

appreciative  
grateful  
gratified  
indebted  
obliged  
relieved

## shocked

astonished  
astounded  
disconcerted  
distressed  
dumbfounded  
horrified  
staggered  
startled  
stunned  
surprised

## disgusted

affronted  
appalled  
horrified  
repelled  
repulsed  
revolted  
sickened

## inspired

activated  
encouraged  
exhilarated  
galvanised  
influenced  
motivated

## embarrassed

ashamed  
awkward  
chagrined  
demeaned  
discomposd  
humiliated  
self-conscious  
uncomfortable  
uneasy  
unsettled

## interested

absorbed  
captivated  
curious  
engaged  
enthralled  
fascinated  
gripped  
intrigued  
riveted



# This week's story looks at events related to ...





Read the information below about the new TV programme, Style It Out.

## What is Style It Out?

Style It Out is a fashion competition. The TV programme sees young people taking on different challenges with different themes each week, focusing on sustainability and repurposing clothing items. The winner will display their collection during the show at London Fashion Week!



Sustainable fashion should be important to everybody. It's one of those things that we're starting to hear about, but we don't really know enough about it. For me, I try to implement sustainability into my life by not over-buying. I really try to only buy the things I actually need and pieces that have longevity.

**Style It Out presenter, Emma Willis**



**Pictured:** Style It Out Judges Ayishat Akanbi and Jorge Antonio (left and right) with presenter Emma Willis (centre).

**Share your thoughts on the programme.  
Is it something that you think you would enjoy watching?**





Look at the resource below, which shows some people wearing different types of clothing.



These children have all chosen their clothes. They are all different! Do you ever choose what to wear?



**Describe what each person is wearing.  
Why do you think they are wearing these clothes?**





Look at the resource below, which shares some information about fast fashion.

## Fast fashion

Fast fashion describes a business model used by a large sector of the fashion industry. It relies on producing clothing very quickly and at a low cost following the latest trends. These clothes are then made available for people to buy in shops or online.



Fast fashion collections are often based on designs that are seen during Fashion Weeks.



Advances in technology and the cost of labour overseas have resulted in clothing production becoming faster and cheaper. People can afford the latest trends and buy clothes more often.



Because clothing is produced so quickly and cheaply, it often has a shorter lifespan than high-quality, more expensive clothing. It is estimated, in the UK, 10,000 items of clothing go to landfill every five minutes.

**How do you feel about fast fashion? Do you own clothes that you would describe as fast fashion? How important is being fashionable to you?**





**Is fashion  
important?**



# Reflection



When we need new clothes as our current ones no longer fit or we no longer need them, it's important to consider where they come from and their impact on the wider world.







## **Individual Liberty**

We can choose what clothes we wear and what we do with them when we no longer want or need them.

It is important to remember our actions have consequences, which can affect the environment.

# Protected Characteristics



Our religion or beliefs can influence the clothes we wear. We should never be treated unfairly because of our religion or beliefs.



Sex



Sexual Orientation



Age



Disability



Gender Reassignment



Marriage and Civil Partnership



Pregnancy and Maternity



Race



Religion and Belief

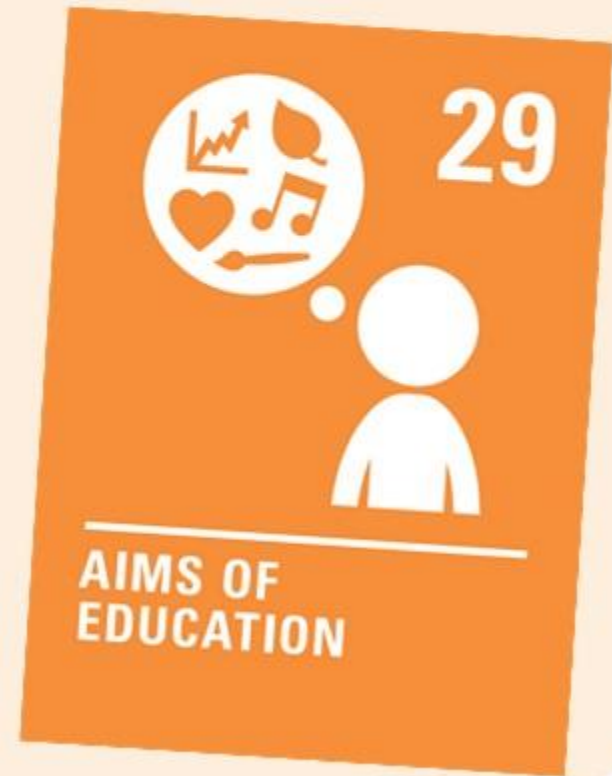




# UN Rights of a Child



As part of our education, we should be taught to live peacefully and protect the environment. Considering where we get our clothes from and what happens when we no longer need them can help us do this.



# Useful vocabulary



## Forefront

The most important or leading position.

As people's awareness of the impact of fast fashion increases, sustainable clothing is becoming more at the **forefront** of shoppers' minds.

## Longevity

A long life.

I really try to only buy the things I actually need and pieces that have **longevity**.

## Outfit

A set of clothes worn together, often for an occasion or purpose.

Do you like wearing different clothes and trying on different **outfits**?

## Repurposing

Adapting or using something for a new purpose.

The TV programme sees young people taking on different challenges with different themes each week, focusing on sustainability and **repurposing** clothing items.

## Showcased

Displayed, presented or exhibited.

The winner will have their clothes **showcased** at London Fashion Week.

## Sustainability

Causing little or no damage to the environment and therefore able to continue for a long time.

The main focuses of the challenge are creativity and **sustainability**, with the contestants having to use second-hand materials.

**Can you use them in your writing this week?**





## Is fashion important?

A new BBC television programme, called Style It Out, gives nine young promising fashion designers from all over the UK the chance to compete in designing different outfits. The winner will have their clothes showcased at London Fashion Week. The main focuses of the challenge are creativity and sustainability, with the contestants having to use second-hand materials. As people's awareness of the impact of fast fashion increases, sustainable clothing is becoming more at the forefront of shoppers' minds.



- Look at this week's poster image. Do you recognise anyone on the poster? It is Emma Willis, who is presenting a new fashion programme and Olivia, who is one of the contestants.
- Is fashion something you are interested in? Do you like wearing different clothes and trying on different outfits?
- Can you make a list of different places where you can get or find clothes? E.g., charity shops, supermarkets, shops or passed on from friends or family.
- Read the information found on the assembly resource about the new TV programme, Style It Out. Share your thoughts on the programme. Is it something that you would enjoy watching?
- Watch this week's useful video in which presenter Emma Willis explains more about Style It Out. Do you think a TV programme like this will help people learn more about and understand important issues? How? Can you think of any other TV programmes you have learned things from?

## Reflection

When we need new clothes as our current ones no longer fit or we no longer need them, it's important to consider where they come from and their impact on the wider world.



## KS1 focus

### Why do we need different types of clothing?



- Make a list of the different types of clothing people wear e.g., trousers, jumper, shorts, t-shirt, tie, dungarees, dress, kilt. Can you describe what you are wearing right now?
- There are many different types of clothing we might wear. Look at resource 1, which shows some people wearing different types of clothing. Describe what each person is wearing. Why do you think they are wearing these clothes?
- The police officer, the nurse and the children at school are all wearing a uniform. Discuss why people might wear a uniform e.g., they can be recognised, they feel they belong, for safety, for comfort. Have you ever worn a uniform? Are you part of any clubs that have a uniform? How does wearing a uniform make you feel?
- Focus on the children to the right of resource 1. They have all chosen their clothes. They are all different! Do you ever choose what to wear? Do you have a favourite item of clothing? Why do you enjoy wearing it? How important is being fashionable to you?
- Discuss how your clothing choices vary depending on what the weather is like. What clothes help to keep you warm/cool?
- Think about the clothes people might wear to a wedding, to sleep in, to play in the park. Which do you think should be the most comfortable, smart, robust?

## Reflection

There are many different types of clothing people wear. From providing safety and protection, to looking and feeling good, we can all use our voices to share our thoughts about our clothes.



## KS2 focus

### What is fast fashion?



- Write 'fashion' on the board. Can you describe what fashion is? Is there anything you have at school or home that you would describe as fashionable? Do you know anyone who you think is fashionable?
- Fashion is the clothing, hair, decoration or behaviour that is popular at the time. You could also describe it as a trend, craze or rage. Fashion has changed over time. Do you recognise any fashions from the past?
- In the 1990s, the term 'fast fashion' was introduced. Look at resource 2, which shares some information about fast fashion. How do you feel about fast fashion? Do you own clothes that you would describe as fast fashion? How important is being fashionable to you?
- Think about the clothes that you own. Do you know where you got them from? Do any of them have a specific purpose? Are there some clothes you prefer to wear more than others? Why? What do you do with your clothes if they become damaged, they no longer fit or you no longer need/wear them?
- Were you aware so many clothes ended up in landfill? Discuss what you could do to help reduce the number of clothes we throw away e.g., buy second-hand clothes, mend damaged clothes, borrow or rent clothes we are unlikely to wear again, raise awareness.

## Reflection

Clothes can be produced quickly and cheaply meaning there is more choice. When we no longer need, want or can use an item of clothing, it is good to be aware of the options we have other than throwing it away.





## KS2 follow-up ideas

### Option 1

Plan a second-hand clothing fashion show, sale or swap. Think about:

- Where and when could you hold the event?
- How will you gather the second-hand clothes?
- Who will you invite?
- How will you let the people you are inviting know about it?
- What will you charge? If there is a charge, what will you do with any money raised?
- What other resources will you need?
- How will you arrange the area you plan to use e.g., chairs, tables, staging, runway?
- How will you display the second-hand clothes e.g., by age, size, type?

### Option 2

Read and research to find out more about fashion in the past. You could focus on one decade or period in time and then present your findings to each other. Think about:

- Which decade/period of time will you research e.g., Roman clothing, Victorian clothing, 1950s, 1980s?
- What did people wear?
- Why did people wear these clothes?
- What were the clothes made from?
- How did people get their clothes?
- What was the cost?
- Can you describe the colour, shape, style of the clothes?
- How are they similar to/different from the clothes you see today?

**Challenge** – speak to some of the adults at home and in school and ask them if they can remember any fashions/trends from the past.



## KS1 follow-up ideas

### Option 1

An outfit is a set of clothes that are all worn together. Design your dream outfit! Think about:

- What items of clothing will you choose e.g., dress, dungarees, t-shirt, hoodie, cardigan, shoes, trainers?
- What colours will each item be? Will they be bright or dark? Will they be the same colour but different tones?
- Will any of your items have patterns or designs on them?
- Will you include any accessories such as bags, sunglasses, jewellery, a hat?

Create a picture of your dream outfit. Once you have completed it, think about where and when you might like to wear your outfit.

- Would it be suitable on a snowy day?
- Would you wear it to a friend's party?

### Option 2

Use your list of the different items of clothing people wear from the resource 1 focus session or create a new list.

- Can you name the items of clothing you are wearing now?

Use this opportunity to learn or recap the words used to describe different clothing in the MFL taught in school. Use the following ideas or create your own:

- Play a game of clothing types bingo. Draw the items of clothing and tick them off as your teacher says them in your MFL.
- Look at the MFL vocabulary and match it to the English version.
- Describe what you are wearing now in your MFL.
- Describe your dream outfit in your MFL.



## This week's useful websites

### This week's news story

[www.bbc.co.uk/newsround/67892182](http://www.bbc.co.uk/newsround/67892182)

### This week's useful video

BBC's Style it Out  
[www.bbc.co.uk/mediacentre/mediapacks/style-it-out-emma-willis-cbbc](http://www.bbc.co.uk/mediacentre/mediapacks/style-it-out-emma-willis-cbbc)

### This week's Virtual Picture News

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)

## This week's vocabulary

### Forefront

The most important or leading position. As people's awareness of the impact of fast fashion increases, sustainable clothing is becoming more at the **forefront** of shoppers' minds.

### Longevity

A long life. I really try to only buy the things I actually need and pieces that have **longevity**.

### Outfit

A set of clothes worn together, often for an occasion or purpose. Do you like wearing different clothes and trying on different **outfits**?

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### Showcased

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## Dinosaur Discovery

A new giant dinosaur species, called *Tyrannosaurus mcraeensis*, has been discovered in New Mexico, USA. Palaeontologists made the announcement after examining parts of the animal's fossilised skull that had been found at the Hall Lake Formation, a geological formation in Sierra County. The skull is currently on display at the New Mexico Museum of Natural History & Science (NMMNHS). 'Once again, the extent and scientific importance of New Mexico's dinosaur fossils becomes clear – many new dinosaurs remain to be discovered in the state, both in the rocks and in museum drawers!' said Dr. Spencer Lucas, Paleontology Curator at NMMNHS. The massive carnivore, thought to have lived approximately five million years before the *Tyrannosaurus rex* (T. rex), is thought to be its closest relative! The huge theropods that lived between 71 and 73 million years ago, would have been similar in size to their relative the T. rex – 12m long, up to 4m high and weighing around 8.8 tonnes. Like the T. rex, their humongous skulls



**Pictured:** An image of *Tyrannosaurus mcraeensis* released by the New Mexico Museum of Natural History and Science. **Source:** NMMNHS Paleontology @NMMNHS\_Paleo X page.

were balanced by their long, heavy tail. Discussing how the identification of the new species was made, Dr. Nick Longrich, a co-author of the study from the University of Bath, said, 'The differences are subtle, but that's typically the case in closely related species. Evolution slowly causes mutations to build up over millions of years, causing species to look subtly different over time.'

## Scotland's 'biggest ever' snowball fight?

What started out as a joke between an Aberdeenshire couple, may have turned into Scotland's biggest ever snowball fight! During the heavy snowfall experienced this month, Roxanna Miskelly suggested that they organise a fun snowball fight at their local park in Inverurie for the community. The idea 'snowballed' on social media, and they created two teams out of the over 300 people, who met them at Strathburn Park! Organisers claim that this was Scotland's biggest snowball fight – there is no doubt that it was large, but no one knows how to prove this statement. The opposing teams were given three minutes to get their snowballs ready, before dramatic music started to play, indicating the beginning of the match. Organiser Roxanna said, 'It's been amazing – it started from a

kind of half-baked idea of 'wouldn't it be funny' and then 24 hours later, to potentially having Scotland's biggest snowball fight is unreal and it's been such a good atmosphere. As long as it snows – definitely an annual thing.' She also thanked Garioch Sports Centre, who turned on their floodlights and allowed them use of a generator to illuminate the event. Karla, who was there on the night said, 'It kind of lets you relive your youth a little bit. Us adults don't get to have this much fun and it's just something really wholesome that brings the community together.'

**How do you think it would feel to be involved in a snowball fight with hundreds of people? How many people do you think have been in the largest snowball fight ever?**



**Pictured:** The community fun snowball fight at Strathburn Park. **Source:** Garioch Sports Centre Facebook page.



**Pictured:** Playing in the snow. **Source:** Canva.



# Why Wag?



Pictured: A Dog Walk. Source: Canva.

Researchers from Max Planck Institute for Psycholinguistics in the Netherlands and the University of Rome have been looking into why dogs might wag their tails. The four scientists have recently published their results and some of them might surprise you! Most people think that dogs wag their tails when they are happy or excited, but this may, in some cases, show nervousness or submission. The scientists said they found that dogs wag their tails much more than other animals that are closely related to them, for example, wolves. Canines in the wild use their tails to improve their balance and to swat away insects. These experts looked at the existing research on tail-wagging and concluded that there may be two reasons why dogs wag their tails so much. The

first theory is that people intentionally selected dogs that wag their tails to breed because humans find the rhythm of it soothing and enjoyable. The second reason is a side effect of choosing to breed dogs with other desirable traits, such as tameness. Dr Taylor Hersh, a co-author of the article said 'We may not be able to take a time machine back to the beginning of the dog-human relationship, but we can look at dog behaviour today in tandem with human behaviour to try and understand what that domestication process looked like. Tail wagging is a very apparent and interesting behaviour to start with.'

**Why do you think dogs wag their tails? Do you think being involved in research like this would be interesting?**

Last week's topic:

**Is an e-reader better than a book?**



I think e-reader is better, because it helps the environment... and you can also read your books anywhere without having to carry a bunch of books around.

**Jackie**

Print reading is better.

**Imaya**

I think they are both good but in some cases a book is better like when you want to read sometimes everything about the book is better when you are on a plane an e-reader is best.

**Janaya**

**Let us know what you think about this week's news.**



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# TAKEHOME

29 Jan -  
4 Feb



## In the news this week

A new BBC television programme, called *Style It Out*, gives nine young promising fashion designers from all over the UK the chance to compete in designing different outfits. The winner will have their clothes showcased at London Fashion Week. The main focuses of the challenge are creativity and sustainability, with the contestants having to use second-hand materials. As people's awareness of the impact of fast fashion increases, sustainable clothing is becoming more at the forefront of shoppers' minds.

### Things to talk about at home ...

- > Can you remember the last item of clothing you bought or were given? Where was it from and what was it for?
- > What does 'being fashionable' mean to you? Is it important to you? Talk to others at home.
- > What do you do with the clothes that you no longer need or that no longer fit?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)

